

Instant Office **instant image**



**Metro Offices** offers 36 fully-equipped meeting rooms, training centers, and Virtual Club business lounges throughout DC, Maryland, and Northern Virginia. **Metro Offices** can accommodate a small, medium, or large group of attendees. Our training facilities feature modular table designs that provide a flexible working environment. For added convenience, we have 1,200 meeting rooms worldwide.

## Equipment | Services

- ▶ On-Line Meeting Room Reservations
- ▶ Web/Audio/Video Conferencing
- ▶ Dedicated Bandwidth
- ▶ High-Speed Internet
- ▶ Wireless Internet
- ▶ LPR Projector
- ▶ High Resolution Overhead Projector
- ▶ White Boards
- ▶ Flip Charts
- ▶ Beverage and Catering Services
- ▶ Ergonomic Herman Miller Seating
- ▶ Polycom Speaker Phone
- ▶ On-Site Administrative Support
- ▶ Attendee Registration Support
- ▶ Color copiers/printers/scanners
- ▶ Kitchen/Lounge, vending, coffee, spring water

For more information | [call us today](tel:800.877.9788)  
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